



John Heiss (1640-1704)  
St Paul and St. Barnabas at Lystra

# THE EPISTLE

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## OF SAINT PAUL'S PARISH—K STREET

AN EPISCOPAL CHURCH IN THE DIOCESE OF WASHINGTON

JUNE 2016 XXIX NUMBER 6

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## (Never say) Good-Bye...

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Dear Friends,

Something interesting happens each year as we walk through the Easter season. We begin with exuberance, recounting the miraculous appearances of the risen Lord and preaching the resurrection of Jesus Christ with renewed fervor. Somewhere along the way, though, this changes. As we approach the event of Pentecost, we leave the miraculous appearances behind and go back to where it began: back to the upper room on the night Jesus was handed over to suffering and death. We go back to the scene in which Jesus said good-bye to his friends.

What a strange thing for us to do! Why in the world would we circle back around like this? I think it has everything to do with the events of Ascension and Pentecost, through both of which we just walked a short time ago. You see, once the exuberance of Easter begins to wear on, we begin to realize that we can't stay put in the Easter moment. Just as Jesus' earthly ministry was one of constant motion, a motion that culminated in the Easter moment, our ministry has to move—it has to be in constant motion. This means that, once we are past the exuberance of the Easter moment, we begin to realize that our task is one of figuring out what it means to be the Church of the Risen Lord.

And so, we return to the upper



THE REV'D JEFF HUAL

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room. We return to a time when the crowds have fallen away, and Jesus is no longer speaking in parables. Instead, He is speaking plainly with his disciples as he says good-bye to them. Of course, He knew that He would return from the grave, but He must also have known that forty days later He would ascend into Heaven, and that good-bye then would be for a longer time. He must also have known that they needed instruction so that when the day of Pentecost came, and the Holy Spirit descended upon them such that the church of the Risen Lord would be founded upon the Earth, that they would be ready. And, sure enough, they were ready, so much so that Peter preached to the crowd, and thousands were converted on Pentecost Day.

## THE EPISTLE

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**Co-Editors** Katherine Britton, Cathy Downes

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**Assistant Priest** The Rev'd Fr. Shawn Strout  
**Ministry Resident** The Rev'd Fr. Jeff Hual

**Assisting Priests** The Rev'd Frs. Tony Lewis, Randy McQuin, J. Peter Pham

**Director of Music** Robert McCormick  
**Assistant Director of Music/  
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## THE VESTRY

**Senior Warden** Laurel Malson (2018)  
**Junior Warden** Remington Gregg (2016)  
**Secretary** Jack Raffetto  
**Treasurer** Katherine Britton (2016)  
**Members** Susan Granum (2016)  
Allen Payne (2016)  
Roy Byrd (2017)  
Steven Chlapecka (2017)  
Todd Hanson (2017)  
Edward Loucks (2017)  
Chris Mixter (2018)  
Jeanne Smith (2018)  
Scott Spaulding (2018)

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**The Epistle** is a monthly publication of St. Paul's Parish. We invite you to submit your articles, photos, and suggestions. Email us at [epistleeditor@gmail.com](mailto:epistleeditor@gmail.com). **Our deadline is the first of each month** (for the next month's issue) and articles accepted for the Epistle are subject to editorial revision. Please submit your content in Microsoft Word format. © 2016 St. Paul's Parish, K Street, Washington.

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Now, good-bye is a difficult word for us. We don't like to say good-bye. That's the reason for the title of this letter. *Never Say Good-Bye* was a hit single from Bon Jovi, one that conveyed our collective remorse at the thought of having to say good-bye—of having to acknowledge that the world itself is in constant motion, and that in this life change is inevitable. Not wanting to say good-bye is part of our DNA. It harkens back to a time when survival often depended upon a relative equilibrium, and so we strive to maintain the status quo. We certainly don't want to say good-bye to it. We don't want to see it change. Most of all, though, we don't want to see it stripped from us. So we hate good-bye.

And the disciples in the upper room don't seem to like that Jesus is saying good-bye. They behave as children who know that change is on the horizon, but they can't quite grasp what it is that is about to change. They can't grasp it, even though Jesus is saying it as plainly as He can. And as one who is currently in a holy process of transitioning away from St. Paul's Parish, as I say good-bye to all of you, I have become curious about what we might glean from our Lord's example in His good-bye to His loved ones, so that we might well say good-bye to each other as we part as loved ones. Jesus' good-bye discourses provide us with excellent clues as to how we might best proceed in this:

**First, we should speak plainly and honestly with each other.** Jesus speaks plainly with His disciples, no matter the cost of His words. He tells them what they need to know. And for my part, that means I need to tell you how much I love you as brothers and sisters in Christ, and how very much I will miss you. I hope that you can say the same of me. After all, this is the relationship to which John calls us in his first letter, saying that, if God

is love, and we are God's own, then we must love one another as He has loved us. If we don't love each other, then we can't say that we love God. That's about as plainly and honestly as I can put things.

**Second, as Christians we must remember that good-bye is never forever.** Jesus knows that He will return from death in three days, but that He will leave for Heaven forty days after that. He knows as well, though, that when each of us dies, we will immediately be with Christ and with each other. Jesus speaks plainly of His Father's mansion with many rooms, and says that He goes to prepare a place. This means that our good-bye is never good-bye forever. If we don't see each other again on this side of glory, we will be together on the other side.

**Third, prayer is an inseparable part of parting.** The good-bye discourses are several chapters, of which one whole chapter is a prayer. Likewise, as we say good-bye to each other, we should hold each other up to God in prayer. For my part, I will be praying fervently for the future of St. Paul's, and for the good fortunes of this parish and the people whom I love but must necessarily leave behind. I leave you all to take on a wonderful new ministry, but there are still some details there that need to be worked out. Please pray that God will sort these details, so that I will be able to make an announcement soon.

In Him who is Risen, I remain,

Your faithful servant,  
Father Jeff



## “Faith and Everyday Life” Sunday Forum Summer Schedule

Sunday Forums will continue this summer. Our summer series will be **“Faith and Everyday Life.”** We will explore topics where faith meets everyday life, and we will have some excellent speakers who will facilitate our conversations. Also, we will try expanding our forum time to forty-five minutes over the summer. So, Sunday Forums will begin at 10:15 and end at 11:00. I would greatly appreciate your feedback on this experiment as we may continue it into next year if it works well or go back to our thirty minute sessions if that is preferred.

### June

In June, we will explore the topic of grief. All of us grieve whether or not we have lost a loved one. Scripture tells us that Jesus wept at the death of his friend Lazarus. Grief is a natural part of life. We are pleased to have Daniel Lonteen, a certified grief counselor, join us for two sessions in June. On **Sunday, June 5**, Dan will speak on the topic **“Embracing Grief.”** Then on **Sunday, June 12**, he will speak on the topic of **“My friend is hurting. What can I do? How to be present for those who are grieving.”** I know Dan to be an excellent speaker and grief counselor.

### July

In July, we will explore the topic of anxiety. In Scripture, Christ tells us to “Fret not.” And yet, that can be far more easily said than done. We will look at anxiety as a holistic condition that involves our bodies, minds and spirits. I will facilitate this conversation. On **Sunday, July 10**, we will explore the topic **“Understanding Anxiety Holistically.”** Then, on **Sunday, July 17**, we will continue with the topic **“Holistic Strategies for Living with Anxiety.”**

### August

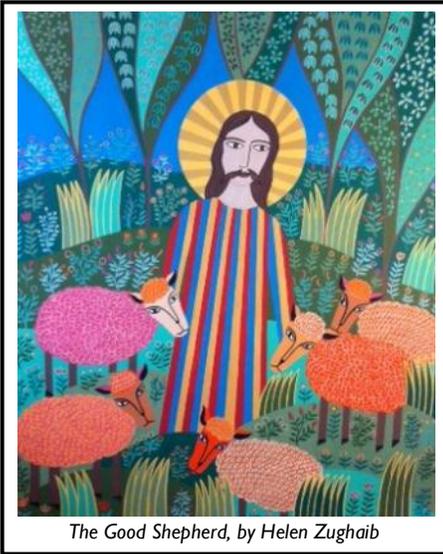
In August, we will finish up our series “Faith and Everyday Life” with Dr. Simona Murnick, a board-certified psychiatrist and St. Paul's parishioner. Many of us here at St. Paul's are involved in a number of volunteer and charitable activities both in the parish and in our communities. Also, many of us are taking care of sick or disabled family members. This level of care can sometimes lead to burnout. On **Sunday, August 7**, Simona will speak on **“Compassion Fatigue,”** where she will talk about how to know if we are experiencing burn out in our lives. Then, on **Sunday, August 14**, Simona will continue with a conversation on **“Self Care,”** in which she will discuss ways in which we can care for ourselves as we care for others. This discussion is much needed in every parish.

I hope that you can join us for our summer series **“Faith and Everyday Life.”** It should prove to be a powerful and important series. As always, if you have any questions or comments, please feel free to contact me ([strout@stpauls-kst.com](mailto:strout@stpauls-kst.com)).

Faithfully,  
Fr. Shawn

# Sustaining the Catechesis of the Good Shepherd

Nancy Work



Every Sunday morning September through May, children of St. Paul's from age 3 gather for the Catechesis of the Good Shepherd (CGS) in our St Paul's Undercroft, down the steps headed by parishioner Helen Zughaib's large painting "The Good Shepherd." This Montessori-based curriculum engages children as they set up model worship spaces, engage with the Gospel with model figures, piece together a puzzle to learn the liturgical year, work with puzzles and models of the Holy Land and Jerusalem, bake bread, paint, arrange flowers, sing, and pray before joining their parents for Holy Communion in our Nave.

Robert Eikel is the CGS catechist for children ages 3 to 6, and Allison and Preston Winter are our catechists for ages 6 to 12. These parishioners have led and developed this child-directed program serving more than 20 children from 10 families over the past three years. The program is growing and next year will see more growth as children move up from the younger group to the older group and several toddlers turn 3 and join the youngest classroom.

However, CGS faces a sustainability challenge as Robert and his family move to Connecticut this month. One parishioner, Joseph Simpson, has enrolled in the CGS catechist training program, starting in September 2016, to be able to continue Robert's work with our youngest parishioners. The parish has created a Scholarship Fund to pay for Josef's training. Donations of any amount to the CGS Scholarship Fund, with checks payable to St Paul's Parish with memo "CGS," will help ensure continued sacramental education for the children of St. Paul's.

CGS also need volunteers to help make and repair materials, assist the catechists, and schedule and administer the program. Any interested parishioner should contact the catechists at [allisonannewinter@gmail.com](mailto:allisonannewinter@gmail.com), [preston.winter@gmail.com](mailto:preston.winter@gmail.com), [josef.simpson@gmail.com](mailto:josef.simpson@gmail.com), and [reikel@reikel.org](mailto:reikel@reikel.org). St. Paul's children are the future of our church, and it is vital that the parish continue to give them opportunities for formation in scripture and liturgy.

Robert's wife Kate has supported him throughout his ministry as a catechist, and their dedication inspires us all to continue building CGS at St. Paul's. We celebrate them with great admiration and honor them as they pass their torch to us. May their superb work continue in their new com-

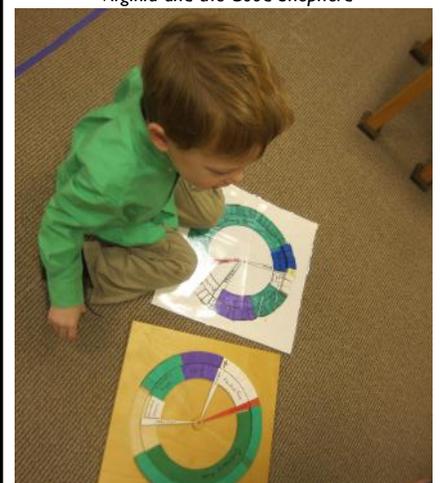
munity in Connecticut as they love and serve our Lord!



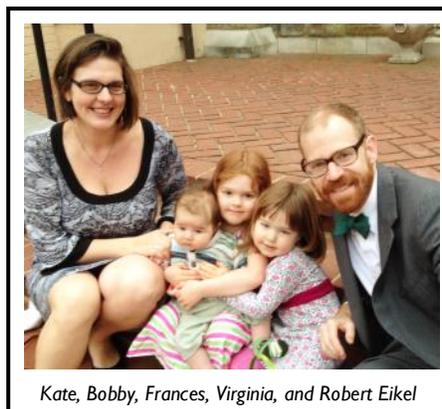
*Ellie and the Altar*



*Virginia and the Good Shepherd*



*Ezra and the Liturgical Calendar*



# Clergy and Laity — What's the Difference?

Fr. Shawn Strout

In last month's Liturgy Moment, I talked about the fact that all baptized Christians share in Christ's eternal priesthood. We affirm that theological truth in every baptism. As of my writing this article, we just celebrated Pentecost and the baptism of Arden Shafer in which the community welcomed her into the Body of Christ with these words: "We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and *share with us in his eternal priesthood.*" Arden now shares in Christ's eternal priesthood as does every baptized Christian.

But what does that actually mean and how is it different than ordained ministry? As I mentioned a couple of months ago, the role of a priest is to be a mediator between God and humanity. Christ is our one, true mediator, and it is through Christ that we enter into the fullness of the Godhead. In addition, because of our baptism INTO Christ and our sharing in his eternal priesthood, we also become mediators. Thus, every time we gather for mass, we are interceding on behalf of not just ourselves and our loved ones but all of humanity, indeed all of the cosmos!

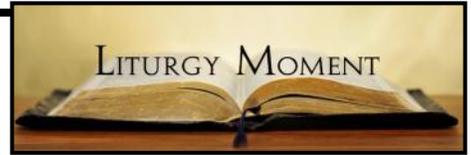
And yet, not anyone can just stand up and begin saying mass. One has to be ordained to say mass. So, what is that about exactly? Ordination has both a practical and a theological significance. I'll begin with the practical. In any group, someone has to take the lead. That's just essential in group dynamics. Even in groups that are completely egalitarian, eventually someone must be delegated the responsibility of leading the group. On a very practical level, being ordained is being delegated the authority and re-

sponsibility of leading the local group of people. From the apostolic period forward, the Church has designated authority and responsibility to certain individuals through the laying on of hands by the elders (presbyters) of the Church. That is fundamentally what ordination means.

Theologically, we have more going on. To understand ordination theologically, we must begin with the bishop. In his *Letter to the Smyrnaeans*, Ignatius of Antioch summed this up nicely:

"But avoid all divisions, as the beginning of evils. See that you all follow the bishop, even as Jesus Christ does the Father, and the presbytery as you would the apostles; and reverence the deacons, as being the institution of God. Let no man do anything connected with the Church without the bishop. Let that be deemed a proper Eucharist, which is [administered] either by the bishop, or by one to whom he has entrusted it. Wherever the bishop shall appear, there let the multitude [of the people] also be; even as, wherever Jesus Christ is, there is the Catholic Church. It is not lawful without the bishop either to baptize or to celebrate a love-feast; but whatsoever he shall approve of, that is also pleasing to God, so that everything that is done may be secure and valid."

Thus, the bishop is central to our understanding of ordination because it is the bishop who unites the local church, i.e. the diocese, with the universal church through the college of bishops. Priests [aka presbyters] are the assistants to the bishop. We gain our authority and responsibility *vis a vis* our bishop. Thus, when the bishop celebrates mass, she or he embodies the entire Church. When a priest celebrates mass, she or he embodies the bishop who embodies the entire



Church. Theologically, the reason why only a bishop or priest may celebrate the mass is because 1) the bishop embodies the entire Church and thus the entire Church is present in the mass and 2) the priest is the delegate of the bishop and therefore embodies the entire Church through the bishop.

One of the theological mistakes regarding ordination is the belief that priests, particularly, and bishops only remotely receive some kind of special power in ordination to make something magical happen in the mass to turn the bread and wine into the Body and Blood of Christ. This has never been the authentic teaching of the Church, any portion of it. And it is most especially not Anglican Eucharistic theology. The Church has always taught that it is the power of God from the Father through the Son in the Holy Spirit that makes present the Body and Blood of Christ in the Eucharist. The bishop, and by authority of the bishop, the priest, leads the Church in the prayer to God for that to occur.

So, while we all share in the eternal priesthood of Christ, the Church has designated certain individuals to be bishops and priests and given them the authority and responsibility to lead the Church in the mass. We ought not to think of the clergy as somehow being more special than the laity but rather of having a unique call and responsibility. All of us together make up the Body of Christ, and all of us together share with Christ in his eternal priesthood.

Faithfully,  
Fr. Shawn



# 2016 Nominees for Vestry (4 Vacancies)



## Jeremiah Cassidy

How long have you been at St. Paul's: I first came to St. Paul's in May 2008, and have been coming to St. Paul's regularly since December 8, 2008. I was received into the Episcopal Church on June 16, 2012, at the National Cathedral.

St. Paul's activities: I joined the Grate Patrol in 2010, and have been active in that mission ever since. I was appointed to the Commission on Mission in 2012. In 2013, I volunteered to be the stateside liaison for the Lochers during their mission trip to Tanzania. That same year, I was appointed to the Georgetown Ministry Center's (GMC) Board of Directors as St. Paul's representative, and also became St. Paul's GMC Winter Shelter Coordinator. In 2014, I was appointed Chairman of GMC's Subcommittee on Board Governance and Development. In 2016, I was elected Vice-President of GMC. I have also written articles for the Epistle on various topics, such as the Locher's mission trip, a brief history of GMC, and on Winter Shelter.

Educational Background and Occupation: I am a graduate of Columbia University and the Georgetown University Law Center. Currently, I am the Regional Director and Chief Administrative Judge for the Merit Systems Protection Board's (MSPB) Washington Regional Office. The

MSPB's primary statutory responsibility is the adjudication of federal employee personnel appeals, such as Whistleblower complaints, and appeals involving Veteran's Rights, among other things. I manage a staff of ten Administrative Judges, five paralegals, and two junior attorneys.

Personal/family information: I was born in New York City, and grew up in Larchmont, New York, a "bedroom community" just north of New York City. I was raised as a Roman Catholic. My father was an engineer and corporate executive in the energy industry. My mother was a "homemaker," as we used to say. At present, I live in Rockville, Maryland with my wife Andrea and my sons Noah and Matthew. As some parishioners know, my wife is Jewish. My children were baptized, but also underwent Reformed Jewish "naming ceremonies" when they were newborns. Restrictions on the length of these vestry nominee profiles prevent me from saying anything more on this topic other than, with a nod to Tolstoy, that each interfaith family is interfaith "in its own way."

Interests/hobbies: My interests include art, film, history, politics, literature, and current events. In my spare time, I enjoy reading, running, site seeing, biking on the canal, going to museums, seeing movies, and attending the theater. I also play tennis, but I am only an average player.

Why you want to serve on the Vestry? I have a strong interest in our mission ministries and social justice issues. I would like to help broaden our volunteer networks both within the parish and in the outside community so that we can sustain these ministries, which I believe are essential to our core identity as a parish that engages in "Christ-like living" and seeks to make such living visible and accessible for both the local community

and the world at large. By working to sustain and perpetuate the parish, I am ensuring that in the days to come others will have the same chance that I had to find both Christ and community here.



## Ann Korky

How long have you been at St. Paul's: Since 1988.

St. Paul's activities: Usher, Lector, Lay Eucharistic Minister, Flower Guild, Co-Chair of the Commission on Mission, Vestry Member, Junior Warden, Senior Warden, Delegate to Diocesan Convention, Rector Search Committee. Have also served on the Diocesan Standing Committee and as a Trustee of the American Friends of the Episcopal Diocese of Jerusalem.

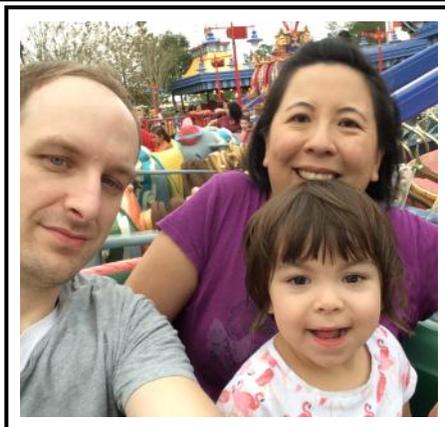
Educational Background and Occupation: BA from the University of Pennsylvania, Mid-Career Fellow at the Woodrow Wilson School, Princeton University, Diploma in Theological Studies from Virginia Theological Seminary. Retired from the State Department in 2004 as a Minister-Counselor in the Senior Foreign Service after a 30-year career as a Political Officer. Served abroad in the Middle East, including Tel Aviv, Jerusalem and Cairo, and in Nicosia and Marseille.

Personal/family information:

Born in the Bronx. Long resident of Old Town Alexandria. Single. No children.

Interests/hobbies: Travel, theater, the arts, history, Irish music and culture, current affairs with special emphasis on foreign policy/national security matters.

Why you want to serve on the Vestry? I hope that the parish can use our 150<sup>th</sup> anniversary commemorations to honor the faithfulness of those who came before us, to strengthen our commitment to Anglo-Catholic worship and witness, and to build for our future as an inclusive community that seeks to meet the needs and aspirations of all our members, from young families and young professionals to seniors. I would welcome the chance to contribute to that process and also to our efforts to balance better our programs and ministries with the human and financial resources we have to support them. I also believe that St. Paul's has a special vocation as a teaching parish; our relationship with Virginia Theological Seminary allows us to share the richness of our liturgical tradition with the Episcopal Church as a whole.



## Charlene Mui

How long have you been at St. Paul's: 11 years (Also 11 years as a Christian)

St. Paul's activities: Currently I am a 9am Acolyte and HR Committee member. Last year I was on the Stewardship Committee. I was on Grate Patrol delivery for 3 to 4 years, treasurer for Commission on Mission, Journeys with Christ middle school group, and Pilgrims in Christ team for 1 year.

Educational Background and Occupation: George Washington University, BA 1997; University of Chicago, MPP 2002; George Washington University, Graduate Cert in Survey Design and Data Analysis 2015. I work in the government relations of-

fice for the Principal Financial Group, an employee benefits company. Previously I worked at the World Bank, Brookings, and Bread for the World.

Personal/family information: Michael Welch is my husband. Sophia Mui-Welch is my daughter.

Interests/hobbies: Running (usually after my daughter); Hanging out with friends; and Stupid novels and movies.

Why you want to serve on the Vestry?

If I am called to serve, I want to continue to support our Anglo-Catholic traditions, support what empowers our community in following Christ, and ensure fundamentals needs (maintenance, personnel, etc) are met.

I hope by doing this, it will help the greater community to be informed and empowered to start, continue, or grow their ministry at St. Paul's and beyond.

I want to be a conduit for ensuring that St. Paul's continues to be a friendly, opening and inviting place for all: young or old, non-religious, non-Christian, and those just curious.



# Notice of St. Paul's Annual Meeting

St. Paul's Annual Meeting  
Wednesday, June 8, 2016

6.45 p.m., Church

Childcare will be available

Light refreshments will be provided

### Schedule

5.30 p.m.: Registration – Opens

5.45 p.m.: Evening Prayer – Church

6 p.m.: Mass, Church (Registration is closed during Mass)

6.30 p.m.: Registration re-opens

6.45 p.m.: Annual Meeting Begins – Church

### Agenda

1. Opening Prayer
2. Establishment of a Quorum
3. Appointment of Secretary and Tellers
4. Introduction of Nominees and First Ballot (Subsequent balloting to be conducted if necessary)
5. Approval of Minutes from 2015 Annual Meeting
6. Rector's Remarks
7. Finance Report
8. Closing Prayer and Blessing

### 2016 Vestry Nominees (4 Vacancies)

Jeremiah Cassidy

Ann Korkey

Charlene Mui

John Orens

John Stowe

Preston Winter

Gwyneth Zakaib

### Continuing Vestry Members

2017

2018

Roy Byrd

Laurel Malson

Steven Chlapecka

Chris Mixer

Todd Hanson

Jeanne Smith

Ed Loucks

Scott Spaulding

# 2016 Nominees for Vestry, continued



## John Orens

How long have you been at St. Paul's: I have been at St. Paul's for about 14 years.

St. Paul's activities: I have given talks on Anglican faith and history for rector's forums, Lenten evenings, Pilgrims in Christ, and for the adult discussion group. I am a member of the adult Christian formation planning committee and I was on the support committee for our ministry resident, Jean Beniste. I also led seders for the St. Paul's EFM group.

Educational Background and Occupation: I hold a B.A. in history from the University of Wisconsin, and an M.A. and Ph.D. from Columbia University. I am professor of history at George Mason University. My principal research interest is Anglican church history, especially the history of Anglo-Catholicism.

Personal/family information: I grew up in New York City, the eldest of four siblings. My father was a doctor. My wife, Elizabeth, is a priest. She is an honorary assistant at All Souls' Church in Washington and she is the Episcopal chaplain at the Washington

Hospital Center. She is also Juilliard graduate in piano. Our son, Geoffrey, lives in Brooklyn and teaches English at a New York City high school.

Interests/hobbies: I enjoy good books, theatre, film, classical music, and the visual arts. I love to travel, I try to cook, and I dabble in poetry.

Why you want to serve on the Vestry? St. Paul's is a place where the love, beauty, and mystery of God is made tangible in worship, fellowship, and service to others. The vital and gracious orthodoxy it embodies is a gift to be shared with wider church and with the world. I hope that serving on vestry would allow me to join my fellow parishioners in deepening and securing our Anglo-Catholic identity and sacramental mission for years to come.



## John Stowe

How long have you been at St. Paul's: I have attended St. Paul's since September 2006.

St. Paul's activities: Parish Choir/Evensong Choir section leader; Commission on Evangelization; Website redesign committee, 2012; Webmaster; Transitioned St. Paul's email to

Google Apps, 2015; Sound system operator/maintainer; Pilgrims CGS; Parent.

Educational Background and Occupation: B.A. Cognitive Science, Johns Hopkins University; Masters candidate in Urban and Regional Planning, Virginia Tech; currently a student, stay-at-home-dad and webmaster. In the past I have been a neuroscience research assistant, IT manager, physics teacher, track coach and bicycle mechanic.

Personal/family information: Edith and I met in the choir and were married at St. Paul's in 2011. Our son Arthur participates in CGS, and we look forward to his joining the choir in a few years! Many parishioners are also familiar with my brother Will, a member of the choir 2011-2015, and my mother Linda, who occasionally brings her choir from St. James School in Hagerstown, MD to sing for evensong at St. Paul's.

Interests/hobbies: Bicycling, photography, gardening, cooking, science fiction literature, crafts/"making", outdoor/wilderness sports.

Why you want to serve on the Vestry? The Parish Profile assembled as part of the rector search process laid out a strong vision of the type of parish we would like to become, but St. Paul's faces a continued period of discernment as we continue to grapple with reduced annual budgets. I believe I can help in this process through my knowledge of the music program and several other "behind the scenes" operations at St. Paul's. I am already putting some of my skills to use to raise our public profile, especially online, and increase efficiency in our IT infrastructure and workflows.





## Preston Winter

How long have you been at St. Paul's: I began attending St. Paul's in 2005, was married here in 2006, and confirmed following Pilgrims class in 2007.

St. Paul's activities: I am currently a Catechist for the Catechesis of the Good Shepherd (children's formation) and attend the 9am mass with my family. Previously, I have served on the vestry and as a junior warden, chaired the Commission on Mission, and been part of other groups such as Fidelitas and Carpe Deum.

Educational Background and Occupation: BA, Wheaton College, International Relations; MA, American University, International Development.

Personal/family information: I am married to Allison (Freeman) Winter and we have two sons, Ezra (5) and Simon (2).

Interests/hobbies: I enjoy sports and the outdoors, specifically running, cycling, triathlons, camping and sailing. I also enjoy traveling and theatre.

Why you want to serve on the Vestry? Since I first joined St. Paul's, I have known that God is at work here and I have been drawn to the liturgy and community that we feel is so important for our mission and ministry. I know that St. Paul's has many

strengths and also some challenges, and I would be honored to serve on the Vestry in its efforts to be good stewards of our collective resources and ensure that our entire body is well cared for, represented, and invited to participate in the many important ministries of the parish.



## Gwyneth Dickey Zakaib

Like many at St. Paul's, I was introduced to the church through its renowned music program. Along with my three siblings, I joined as a chorister in 1999. After I graduated from high school, I continued singing in the parish choir. While in the choir, I met my husband, Charles, and we were married here in 2010. Together we completed that year's Pilgrims in Christ class and joined the Fidelitas group for young couples. Soon after, I started work with the Committee on Evangelization. One of the group's main projects that year was to revamp the St. Paul's website, for which I contributed photos and created a parish introductory video. I then transitioned to the Children's Task Force, out of which grew the St. Paul's Youth

Corps, which I helped run until my daughter Maddi was born in 2015.

I got my Bachelor of Arts in Music, Bachelor of Science in Biology, and Master of Arts in Kinesiology from the University of Maryland at College Park. I then completed a graduate certificate in science communication at the University of California at Santa Cruz. I now work as a science journalist covering neurodegenerative disease. I spend my spare time playing with Maddi (baptized at St. Paul's in 2016), tentatively exploring the sewing machine, and rooting for the Nationals baseball team.

If elected to serve on the Vestry, I would strive to faithfully represent the choir families, young parents, and volunteer groups within our parish. In these tight financial times, I want to help support the music program at St. Paul's while bolstering other programs and ministries that fulfill the mission of St. Paul's, such as pastoral care, outreach, and Christian formation.



# Pentecost with Mother Miriam: “Listening to the Music of the Future . . . and Dancing to it!”

*Jeremiah Cassidy*

On a day designated to “commemorate” the descent of the Holy Spirit upon Christ’s church, one could feel the actual white hot presence of the Spirit. The events of the morning effectively transformed an abstract, yet familiar, scriptural event into a visible, palpable, and accessible reality.

Of course, the catalyst for this chain of events was Mother Miriam, Superior of the Community of St. Mary (Eastern Province), who spoke at the Rector’s Forum and preached at both Masses. Mother Miriam’s sermon deftly framed the significance of Pentecost both as a Biblical event and as the present historical stage in the life of the church between the incarnation and the “end times.” To illuminate where we now stand as Christians, perched between this world and the next, Mother cited the maxim that “Hope is listening to the music of the future, and faith is dancing to it today.” Mother explained that we are now, like the Apostles in the upper room, inspired to act by the hope of God’s Kingdom, and the animation of the Holy Spirit. In this

“Pentecostal” sense, faith, hope, and mission are inextricably bound together.

At the Rector’s Forum, Mother Miriam provided the parish with a presentation regarding her most recent visit to Luwinga, Malawi, where the CSM established St. Mary’s, a daughter convent, in 1999. Here, Mother presented the parish with an ideal illustration of the Holy Spirit working through the Church to transform lives. As many parishioners know, St. Paul’s Commission on Mission (CoM) has supported this convent for nearly a decade, including their work among Malawi’s many children who have been orphaned as the result of AIDS. The young Malawian Sisters are quite impressive. In addition to praying the monastic Divine Office five times a day, they assist the local Anglican Church with vestments, clergy shirts, and Mothers’ Union Uniforms. They also provide orphan care in the community. The construction of the convent was completed 12 years ago. Since then, the Malawian Sisters have transformed their 9-acre compound. They can now house up to eight sisters, and have built a guesthouse for nine people, a tailoring workshop employing seven workers, and a working farm to supply the convent’s staples.

Mother Miriam reports that the St. Mary’s Convent Orphans’ Choir placed first in their diocesan choir competitions. They even performed for the Archbishop of Canterbury! During a local celebration commemorating the Sesquicentennial of the Community of St. Mary that was scheduled during Mother Miriam’s visit to Luwinga, some of these

young orphans performed dramas in Chichewa, a local language, and English to showcase the work the Sisters have done to change their lives. Due to oppressive situations within their extended families, many of these children had experienced severe grief, despair and isolation that had driven them to thoughts of suicide. Some of these children were, in effect, almost slaves to their in-laws. Among these orphans were girls who had escaped their villages before their extended families could “marry them off” prior to the completion of their secondary education.

Mother Miriam believes the future for the convent now lies in education. In terms of physical infrastructure, the Malawian Sisters now have most of what they need. Instead, there is a critical need for funds to support scholarships, which cost \$1,500 per student in secondary school, and \$3,000 per student in college.

In the spirit of Pentecost, CoM asks that the parish continue its generous support for St. Mary’s Convent and the Malawian Sisters. Our support for this ministry is critical to our core identity as a parish that engages in “Christ like living” and seeks to make such living visible and accessible for both the local community and the world at large.



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# Jo Stelzig: Farewells and Invitations

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## Hear and Now, and in the future

Hannah Ceen

I started attending the Hic et Nunc gatherings last fall. Having read about it, I still wasn't really sure what to expect. But encouraged to "come and see" by Jo Stelzig, I showed up one Monday afternoon in September. We began with Shrine Prayers, Evening Prayer, and Low Mass. So far so good. I was already familiar with the evening services, so nothing unexpected here. What followed was a very pleasant quiet meal while we took turns reading from the Rule of St. Benedict. This, I had never done, but I really enjoyed the contemplative yet companionable atmosphere of the shared meal. After dinner we discussed a book the group had been reading. I loved listening to everyone's contributions. I especially liked the way everyone respected the opinions of others and listened attentively to what people had to say. Occasionally, Jo would steer the conversation gently back to the topic at hand when we strayed. We closed the evening with contemplative prayer in the church followed by sung Compline. I can't say which part I liked best, sitting in the warm silence or listening to our voices raised in song during Compline. When it was over I found it hard to leave and go out into the world. But go out I did, and I was back the following Monday.

Why did I go back? Not because it was a super strict monastic gathering (it wasn't). Not because the singing was out of this world (not all of us sing as well as Scott Spaulding, and anyway, that's what the other services at St. Paul's provide...). And not because the deepest truths about spirituality and monasticism were revealed



Jo Stelzig

to me. I went back because I was welcomed into the group as St. Benedict expected travelers to be welcomed into his monasteries. I went back because during the conversation each person was invited to be vulnerable and genuine in a safe environment as we explored the depths of spirituality and religion. I went back because being in silence together and singing together (I like to think of it as making a joyful noise unto the Lord), brings us closer to each other and closer to God.

And of course, behind it all, Jo's presence and energy were the driving force of the group. Now we are faced with change: Jo is moving on to other callings in her life. We will surely miss her smile and energy, and her patience with us as we muddled along, trying to knit more monastic elements into our lives. But I think the best testament to Jo's work in sustaining this group will be the fact that we will continue to meet and explore where this group can take us on our spiritual journey. So, why not come explore the here and now with us? Come and see!!

## Glorious Flowers

Susan Granum

Jo is the longest serving member of the current Flower Guild. She has

given of her considerable talents making arrangements for Sundays, Christmas and Easter for many years. She has a wonderful way of turning even the most modest flowers into something glorious. She is part of our institutional memory and can be counted on to locate seldom used items! Jo, we will miss you in so many ways! The Flower Guild wishes you blessings in the future.

If you would be interested in joining us, please let the Flower Guild know. (You can contact me at [susan-granum@gmail.com](mailto:susan-granum@gmail.com)) You don't have to have formal training. We will gladly show you how it's done. If you are interested in helping on our big group projects such as Christmas and Easter, we welcome your help. Filling buckets, putting flowers into water, soaking oasis and sweeping up are some of the many jobs available besides arranging.

## Altar Guild Service

Kathy Dirks

Jo served on the Altar Guild for over 20 years -- and helped train the current Director. Her absence will leave a large space to fill in the Altar Guild, as she was extremely generous with her time, and talent. In addition to helping with special evening services, she set-up, and cleaned-up at least two weekday services each week, helped with the 11:15 service, and twice a month she washed and ironed the small linens used at all our services. Jo frequently volunteered to "cover" for those guild members who couldn't get to church to do their regular assigned duties -- her kindness will not be forgotten. She will be greatly missed by the Altar Guild. We wish her well, and hope she will come back frequently for visits.



# Music at St. Paul's: Faith, Friendship, Inspiration, Joy

*John Bohl, Acting Music Director*

The St. Paul's Choir School boy and girl choristers have wrapped up another highly successful year. We have had a record number of over 30 children participating in the program, with strong parental support!

The chorister program is not only a musical vehicle in terms of vocal training, but is an opportunity for Christian formation, as choristers, they learn about the faith through the music they sing.

Another important aspect of the program is outreach to others, not only through the choir family during an illness, or a death in the family, but by sharing their talents with others.



The most recent example is when the choristers went to sing for the residents of St. Mary's Court Senior Living Facility.

Below, two recent graduates of the Choir School and this year's graduat-

ing head boy chorister share their perspectives on the impact of the St. Paul's music program on their lives .



*Will McKelvin*

My time in the choir of St. Paul's has been undoubtedly an amazing journey that I will be able to look back on many years from now and be proud of. From trips to Princeton, New York, and so many other places, to rehearsals and evensong services, I've received so many great memories. My friends and teachers here have always been able to make the most of our time at rehearsal by telling stories or making singing as fun as possible, and I'm so happy that I was able to experience that.

Not only was I able to be a part of this wonderful community, I was also honored by being promoted to head chorister of the boys and girls choir, and that accomplishment was one of the greatest in my life's work (as young as I may be). After eight years of living in this atmosphere, I realize how lucky I am to have been a chorister at St. Paul's.



*Zac Tredwell*

I entered the boys' choir a long time ago, around 12 to 13 years ago. I

grew up with the choir and originally joined because of my friends. But it became more and more a great part of my life that taught me everything.

I learned how to read and sing music, of course, which is now one of my favorite things to do; but I also made more friends, learned life lessons, and became a Christian. I was raised Christian for a while but had lost faith. However as I started being able to comprehend the lessons and the beautiful poetry used as lyrics in our songs, I came to deepen my faith.

Of course there's more than faith involved in the choir. There was a time where I was incredibly depressed and felt like I had no friends, but whenever I went to choir it was different. I felt wanted and felt great knowing I was part of a group of friends that came together and become a part of something greater.

I would not be the person I am today without the choir, and I deeply believe every kid interested in music should join the choir.





Laura Hanson

After singing for 9 years in the Girl's choir, I joined the Parish Choir in September of 2015. When I joined the Parish Choir, I gave up my role as a leader in the Girl's Choir. I was ready for a new challenge and a new experience. I felt comfortable with the Parish choir. I knew most of the people in the Parish Choir, so I didn't have to adjust much to getting to know new people which made me more at ease. I love being able to sing on a more regular basis instead of one Mass a week. I also got more of a variety in the kinds of Masses that I sang. I love to sing Durafle, Byrd, Mendelssohn, Tallis, and all the rest.

One of the biggest and best changes was that Robert and John moved from conductor and supervisor to conductors and colleagues. I was expected to manage myself like all the other parish choir members. I am glad to be a member of the Parish Choir. It is a great opportunity to be able to sing with these gifted musicians. I don't know what I would do without it.



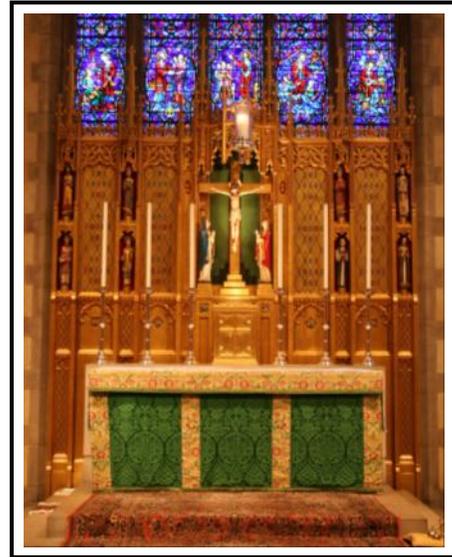
## Entering the Ordinary Business of Christian Living

Fr. Richard Wall

Glancing ahead in my calendar, June seems drab: four "green" Sundays, with hardly a feast day in sight, spare Barnabas then Peter & Paul at the month's midpoint and end respectively.

May, by contrast, was a plethora of white, gold, and processions: a rapid fire of high and holy days. We began on May 4th with The Ascension - the annual extinguishing of the Paschal Candle, as we celebrated Christ's return to God, and his Lordship over all creation. Amidst singing and hearing of this majestic rising, my soul sticks more to the famous question posed by two mysterious men in white robes: *Ye men of Galilee, why stand ye gazing up into heaven?* A question for all ages, as we still instinctively cling - grasp whatever it is we love, enjoy, treasure, and never let go. Think of Mary Magdalene on Easter Morning, or St Peter at the Transfiguration. Yet two men in white explain that we need no longer be afraid: *this same Jesus, which is taken up from you into heaven, shall so come in like manner as ye have seen him go into heaven.*

May's other feast days follow on sequentially from the Ascension - and, in a strange way, focus on life without Jesus. And so the great Feast of Pentecost - for Christ's departure from earth causes the gift of the Holy Ghost: the moment when a group of disparate disciples are formed into the Church. Now they realize what they themselves are capable of doing and achieving, in and through the power of God. Pentecost holds a spiritual mirror to each and every congregation — challenging us to evaluate our own commitment, energy, and vision.



Then on to Trinity Sunday, where we moved from celebrating what God does, to rejoicing in who God is: a beautiful, smoke-filled moment of contemplation and thankfulness in our One God: Father, Son, and Holy Ghost. May ends with Corpus Christi — a parallel to Maundy Thursday, where we celebrate the Institution of The Eucharist. In Holy Week our emphasis is, of course, on Christ's impending suffering and death. By contrast, Corpus Christi is a gift from the Church — and an opportunity to give thanks for Christ's Real Presence in bread and wine. As we process the Blessed Sacrament around the Church we see the core of our mission: taking this Real Presence to the hearts and souls of those who hunger for the gift of Jesus.

June has a natural sense of winding down. Many of you are talking to me about your summer vacations. Parts of the programmatic year draw to an end: at Evensong & Benediction on Trinity Sunday the Choir School celebrated another year of glorious music, and we will look forward to their next semester beginning in September.

# The Ordinary Business of Christian Living, continued

And yet, in another sense, June sees the real work of ministry begin. As the city starts slowing down, and high and holy days fade away, our mission and daily rhythm continue as always. This is something I have grown to love about catholic parishes; that sense of our work having no end, so long as souls would still see Jesus, until that day when even Sacraments shall cease. On the hottest, sleepest days of summer, Mass will still be said, and the needs and intentions of this world, nation, and community placed before the throne of grace.

Confessions will still be heard; the Sacraments celebrated; the sick visited and anointed. Fr. Strout easily convinced me to keep Rector's Forums alive during the summer months, as our formation journey — our work in "putting on Christ" — finds neither end nor pause on this our earthly pilgrimage.

The deeper point is that we now enter the ordinary business of Christian living. Green is not just the color of "ordinary time", but also the color of life, abundance, and summer. Green is the color of growth. And, in just the same way, liturgical time is itself fruitful: these "ordinary" green Sundays are our opportunity to absorb God's goodness and grace, so we may become people of goodness and grace.

Green will have a particularly resonance for us here at St Paul's this June: Mauro, our new Parish Administrator, begins his work here amongst us in earnest. Our music taskforce will

continue their important work - and I am excited to absorb their insights and begin the work of searching for a new permanent Music Director early in the fall. Our Annual Meeting will be held June 8, as we position ourselves for another twelve months of mission and ministry.

Let me conclude on something of a personal soapbox: describing our green season "ordinary time" is puzzling. We, of course, resist this label at St Paul's, and you see Sundays named in relation to Epiphany, Pentecost, and so on. For no time is ordinary - at least in my experience. Not here at St Paul's; not in this business of following Jesus; not in any earthly life. You may have heard me say that no two days of my life here are the same - and I think this is true for each one of you. Every day we spend as Christians is of unfathomable significance: countless opportunities to turn to Christ; countless opportunities to show something of His love to some person God places in our midst. Each day brings moments of crucifixion and times of resurrection. Each day could change the rest of our lives. No day is ordinary.

And through the quietness and humdrum of June we still find countless examples of humanity at our very best in the saints the church places before us: Norbert, Anthony of Padua, Basil the Great, to name but three. Each and every Mass sees heaven break into earth, and all that is ordinary suddenly transforms. This extraordinary presence of Jesus is not

reserved to Easter, Ascension, or Pentecost - but is made real on our altars each and every day of each and every year. Nourished by Jesus, our lives filled by His, we are sent from here to love and serve the Lord - and our days are infused with countless opportunities to greet Christ once again. The French Jesuit Jean Pierre de Caussade wrote of "the sacrament of the present moment": God's presence in the most ordinary of details; read each moment of life as a word of God.

I was sorry to miss Fr. Pham's Low Sunday homily, so was delighted to see it reprinted in last month's Epistle. He mentions the ubiquitous traditional distinction between attendance on Easter Sunday, and attendance one week later - when head count is typically, well...low. He quite rightly suggests that this is due to so many not fully appreciating what has occurred: not just "something" nice and cheery, but an actual resurrection from the dead.

Here at St Paul's we honestly and unashamedly believe in that honest-to-God resurrection: for at the altar we see this resurrection for ourselves, over and over again. I look forward to seeing you at church in the ordinariness of June - as we taste and see the greatest miracle the world has ever seen.



*Green is not just the color of "ordinary time", but also the color of life, abundance, and summer. Green is the color of growth. And, in just the same way, liturgical time is itself fruitful: these "ordinary" green Sundays are our opportunity to absorb God's goodness and grace, so we may become people of goodness and grace.*

# JUNE ON K STREET

## UPCOMING BIRTHDAYS AT ST. PAUL'S PARISH

|   |   |
|---|---|
| 1   Ivan Ojaruega                                       | 22   Octavia Johnson<br>Allen Payne               |
| 3   Rex Granum  | 23   Jack Ramsay<br>Donald Reinecker              |
| 7   Rhoda Geasland                                      | 24   Allison Winter                               |
| 8   Remington Gregg<br>Jean Litwin<br>Charlotte Simmons | 25   Scott Spaulding                              |
| 9   David Butler  | 26   June Barnes<br>Jeffrey Gasta<br>Kurt Wallner |
| 10   Sarah Stoycos                                      |   |
| 11   Charles Barrientos<br>James Rathvon                | 29   Alexander Baumgarten<br>Charlene Mui         |
| 14   Vita Pierzchala                                    | 30   Mary Brown<br>Laurel Malson<br>Jack Sutphin  |
| 15   Phyllis Altrogge                                   |   |
| 20   John Herrmann                                      | ✠ ✠ ✠   |
| 21   Silvia Maza  |   |



## SPECIAL SERVICES/ MAJOR FEAST DAYS

### The Feast of St. Peter and St. Paul Sunday, June 26, 2016

7:30 a.m.: Morning Prayer

7:45 a.m.: Low Mass

9:00 a.m.: Sung Mass

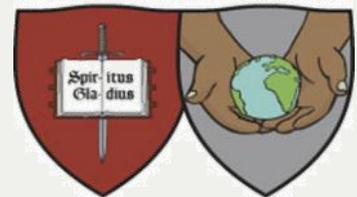
11:15 a.m.: Procession & Solemn Mass

6:00 p.m.: Solemn Evensong & Benediction of the Blessed Sacrament



# Got an Hour? Give an Hour!

SAINT PAUL'S PARISH  
COMMISSION ON MISSION

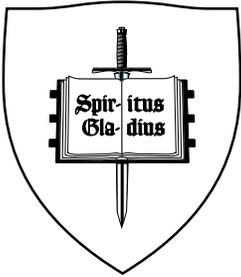


**Help us help our neighbors:** Please consider joining us in:

**Grate Patrol** – Delivery of Breakfast to Washington's homeless population

- Food Preparation: 2.00-4.00 pm every Friday;
- Food Delivery: 5:30am each Saturday & Sunday, Contact Glenn Marsh: [gmarsh338@outlook.com](mailto:gmarsh338@outlook.com)
- Bag Set-up: Anytime before 2pm Friday; Contact Tina Mallett (202-965-9324 or [tmallett14@gmail.com](mailto:tmallett14@gmail.com)).

**Food Drive for the Foggy Bottom Food Pantry**—Cuts in the Federal food stamp program make food pantries even more essential. Cans of fruit, vegetables or other non-perishable items can be placed in the basket near the baptismal font.



# SAINT PAUL'S PARISH

K STREET — WASHINGTON

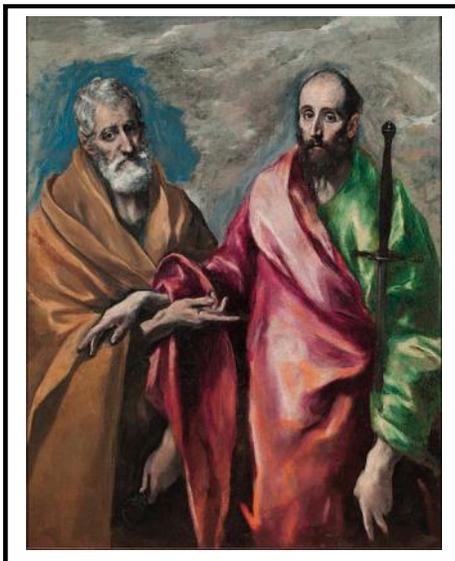
2430 K Street NW  
Washington, D.C. 20037

202.337.2020  
<http://www.stpauls-kst.com>

**ADDRESS SERVICE REQUESTED**

## **Remember to mark your Calendar:**

**Annual Meeting, Wednesday, June 8 at 6:45 pm**  
**Feast of St. Peter and St. Paul, Sunday, June 26**



Saint Peter and Saint Paul  
El Greco, (1541-1516)